SAN IGNACIO TOWN, Cayo, Thursday, August 28, 2014:
Just as we were going to press this Thursday night the report came in of another drug bust this one netting 132 grams of suspected marijuana.
The report informs that at around 11 o’clock this Thursday morning a team of policemen, armed with a warrant, conducted a search on a premises located on 18th Street in San Ignacio Town. Present at the time of the search were Leon Nelson Smith, 27, and Roger Hilton, 26, both Belizean laborers.
Nothing incriminating was found inside the house occupied by Leon Smith. The search then extended to the yard where, under a fire hearth, a member of the police team found a black plastic bag containing three smaller transparent plastic bags containing suspected marijuana. Smith and Hilton were arrested and jointly charged for the possession of controlled drugs with intent to supply. They spent Thursday night in police detention and will be appearing in court on Friday morning to face the music.

Suspected Stolen Goods Found
SANTA ELENA TOWN, Cayo, Thursday, August 28, 2014:
Police today reported the discovery of several items suspected to have been stolen.
As the cooperation between the community and the police continues to grow, based on a tip off, a team of policemen this Thursday afternoon visited an abandoned wooden house located at the corner of Zaiden Street and La Luma Luz Boulevard in Santa Elena Town where they found several items suspected to have been stolen and stashed inside the house.
Among the items found were a sound system, standing speakers, tools, a vehicle jack, plastic containers, lawn chairs and plastic buckets.
The police is asking anyone who might have lost any such items to kindly visit the police station in San Ignacio to view the items and to possibly recover their stolen items.
Anyone seeking to claim any of the items will be required to provide convincing proof of ownership.

SAN IGNACIO TOWN, Cayo, Monday, August 25, 2014:
Police are awaiting instructions from the Directorate of Public Prosecutions which could result in the arrest of a man on a rape charge.
An 18 year old female of San Ignacio Town reported to police that on Sunday, August 24, she was socializing at the home of a male acquaintance when, under the influence of alcohol, she fell asleep on his bed at around 5:00 pm. She was reportedly awoken to the man having sexual intercourse without her consent.
The complainant was issued with a pair of medico legal forms and transported to the community hospital in San Ignacio where the medical examination confirmed recent sexual activity.
The accused is currently in police custody pending instructions from the office of the Director of Public Prosecutions.

A Man’s Fate Hangs In The Balance
SANT A ELENA TOWN, Cayo, Monday, August 25, 2014:
As the cooperation between the community and the police continues to grow, based on a tip off, a team of policemen this Thursday afternoon visited an abandoned wooden house located at the corner of Zaiden Street and La Luma Luz Boulevard in Santa Elena Town where they found several items suspected to have been stolen and stashed inside the house.
Among the items found were a sound system, standing speakers, tools, a vehicle jack, plastic containers, lawn chairs and plastic buckets.
The police is asking anyone who might have lost any such items to kindly visit the police station in San Ignacio to view the items and to possibly recover their stolen items.
Anyone seeking to claim any of the items will be required to provide convincing proof of ownership.

SAN IGNACIO TOWN, Cayo, Monday, August 25, 2014:
Acting upon information received, a team of policemen visited a vacant lot in the Hillview area of Santa Elena Town at around 8 o’clock on Monday morning, August 25 where they found a black plastic bag containing 120.8 grams of marijuana. No one was found in the area. The weed was labeled as found property.

A Man's Fate Hangs In The Balance
The United Democratic Party (UDP) was the first political party to win an election in an independent Belize. The results of the 1984 general elections is said to have been a referendum on the people’s acceptance of the guiding of the nation into independence under George Price and his People’s United Party (PUP).

When the votes were counted in the first general elections in Independent Belize, history was made as the PUP was booted out of office for the very first time. Included among those losing their seat was the new Prime Minister (formerly Premier) George Cade Price who was soundly trashed at the polls in Freetown by the youngest UDP elected Area Representative, Derek Aikman. Hence began the political demise George Price, the father of the PUP.

Price’s sister, Jane Usher was a powerhouse PUP area representative in the Pickstock division where she, to this day, operates the largest credit union in Belize, the Holy Redeemer Credit Union.

Realizing the real possibility that Price could face another defeat in Freetown, sister Jane was sacrificed in Pickstock to make way for brother George in a PUP “safe” constituency. With Price in Pickstock, his margin of victory in the 1989 general election was not as good as that of sister Jane in previous elections. Notwithstanding the PUP under Price was returned to government in 1989.

Faced with a downward spiraling economy, Price was forced to call the general elections in 1993, being almost a year and a half before it was constitutionally due. Given that the task of building a nation is unending, in a failed effort to justify the calling of early elections, Price publicly proclaimed “JOB DONE”.

When the votes were counted in the 1993 general elections the UDP was reelected to office. The national economy was in a terrible condition thereby confirming the reason for Price calling early elections. The second Manuel Esquivel administration, elected in 1993, was forced to institute several politically unpopular measures to rescue the dying economy. Among those unpopular actions were the retrenchment of public officer and a three year pay increment freeze for public officers.

Notwithstanding these bitter pills, the economy was rescued but the political fallout was more than the Esquivel Administration could withstand and so the UDP lost the 1998 general elections. Realizing the possibility of Price losing the Pickstock seat, he was, in 1996, encouraged and resigned as leader of the PUP thus giving way for the rise of Said Musa as the leader of the PUP. Musa went on to win consecutive general elections in 1998 and 2003.

In terms of official corruption, the 2003 -2008 Musa Administration was the worst this nation had ever seen. When that administration was booted out of office in 2008 the national reserve stood at a mere two weeks of imports. Unable to access loans from traditional development agencies, that administration resorted to borrowing from Wall Street “Loan Sharks” at exorbitant interest rates. The national external debt ballooned to almost 2 billion dollars, being more than twice size of the national budget, thus giving birth to the infamous Super Bond.

The United Democratic Party was returned to government in 2008 being fully aware of the fact that the national economy was on life support.

A commitment however was made by the new Prime Minister, Hon. Dean Barrow, that come hell or high water, “Not a single public officer would be retrenched; there would be no increment freeze and there would be no increase in national taxes.”

Within the first term in office (2003 -2008) the national economy was rescued. The Super Bond was successfully renegotiated, an undertaking which the opposition said was impossible.

The foreign reserves of the nation has grown to almost one Billion dollars, up from the 60 million inherited from the Musa administration.

The UDP was reelected to government in 2012, for the first time, to a consecutive second term in office and thus the unprecedented development of the nation began.

In the months leading up to the 2012 reelection the UDP told us to “Imagine the Possibilities”. The reality in 2014 is that those possibilities have far exceeded our imaginations.

Can you now imaging what a UDP will achieve in a third consecutive term in office. The possibilities are endless.
Samsung And LG Launch New Watches While Apple Waits

South Korean tech firms LG and Samsung have announced more smartwatches, ahead of a widely anticipated entry to the sector from Apple.

The devices, from LG and Samsung, suggest renewed attempts to create a smartwatch that is perhaps more fashionable than previous efforts.

Samsung’s Gear S features a curved screen, while LG’s G Watch R has a more classic watch design. Apple is rumoured to be preparing to launch its device next month.

Technology news site Recode has said the smartwatch - dubbed iWatch by Apple's fans and some of the press - will debut on 9 September. However, in typically tight-lipped fashion, Apple has yet to confirm its plans.

Furthermore, analyst Benedict Evans noted that a lack of leaks showing a design for the watch might suggest production had not yet started.

Other sources, including the Wall Street Journal, also anticipate the unveiling of a 12.9in iPad. Smartwatches are expected to be a major focus of the forthcoming IFA conference.

The Berlin-based show is considered to be the European equivalent to the bigger Consumer Electronics Show (CES) held at the start of the year in Las Vegas. At last year’s IFA, Samsung launched its first smartwatch, the Galaxy Gear, and has since gone on to launch five more.

The surge of products was a sign, one analyst told the BBC, that the company was throwing everything it had into getting ahead.

"Samsung are deliberately trying to do something different," said Ben Wood, from CCS Insight, drawing attention to the latest model's curved screen.

"Watches are first and foremost a fashion statement, it says something about you as a person." Motorola drew plaudits earlier this year when it announced its Moto 360 smartwatch, which had a distinctive trait - it was round.

LG’s G Watch R follows that line of design, adding more traditional aspects including analogue-style hands to display the time.

It is powered by Android Wear, Google's adapted operating system for wearable devices. More details about both Samsung’s and LG’s watches - such as release dates and pricing - are expected at IFA next week.
“An investment in knowledge pays the best interest.” Benjamin Franklin once said. It is with this quote in mind that Adventures Sports Club is pleased to have been able to secure a one year scholarship for Mr. Caesar Rene Panti Jr to attend high school. The donation of $1,300 Belize dollars comes through the generous gift of Mr. Michael and Julie Lindo of New Jersey, USA, on behalf of BelCare Football Youth Academy. Mr. Caesar will be attending Sacred Heart College so the funds will be utilized to cover registration fees as well as needed school supplies including text books and utensils. BelCare Football Youth Academy is a fully incorporated organization whose purpose is to provide children of grassroots ages 6 -12 the opportunity to play football in a safe environment of fun and enjoyment. Adventures Sports Club who share these ideals with BelCare works with children, youth and adults with our theme of “Football for a better future.” More information about us can be found online at www.adventuresfc.com.

Chilean Sailor Makes History After Announcing He Is Gay

A sailor in Chile has become the first serving member of the Chilean armed forces to announce he is gay. Mauricio Ruiz, 24, told a televised news conference his decision had “not been easy”, but he wanted to help fight discrimination against homosexuals.

Mr Ruiz said that what was most important was not a soldier’s sexual orientation, but his or her willingness to serve the country. His announcement came with the full backing of the Chilean armed forces. Like other parts of Latin America, Chile remains a conservative society, especially towards gay marriage.

Chilean President Michelle Bachelet has come out in favour of the idea, but the majority of Chileans oppose it. ’Be yourself’ Mauricio Ruiz said homosexuals had “no reason to hide’. "We can do anything, be marines or in any branch (of the military). We can do whatever profession, and we deserve as much respect as anyone else,” he told reporters in the Chilean capital, Santiago. "In life there’s nothing better than to be yourself, to be authentic, to look at people in the eye and for those people to know who you are.”

Rolando Jimenez, president of Chile’s Movement for Integration and Homosexual Liberation, expressed his gratitude to the Chilean Navy. "(The Navy is) telling the country and the members of the institution particularly that it is possible for gays and lesbians to be part of the armed forces and that they aren’t going to suffer discrimination because of their sexual orientation within these institutions,” Mr Jimenez said.

People light candles to pay homage to Chilean Daniel Zamudio, in front of the Chilean embassy in
Hon. Rene Montero
and Your UDP
Government at Work!
Contributed by: Janice Swift

"Admit your faults to one another and pray for each other so that you may be healed." (James 5:16 LB)

If you want relief and release from the hurts, habits, and hang-ups in your life, you’re going to have to deal with the fear of honesty that you’ve got in your life. There are three common fears that Satan uses to keep you stuck in your rut and afraid to face the truth.

The fear of your own emotions.

You’re afraid that if you deal with that issue, memory, event, sin, abuse, accident, or hurt, that you will not be able to handle your emotions and the grief and the shame. You think you may just go crazy!

If you’ve ever felt like that, relax. Every human being has had that fear. Everybody has felt at some time in their life that they were losing their mind. It’s not as big a deal as you think it is. In fact, only rational people have that fear. You are broken, but you are not crazy. You’re also in good company, because we’re all broken.

We all have insecurities, fears, and abilities we don’t like.

The fear of how others will react.

You’re afraid to be honest because you might be rejected or dismissed or abandoned. Others might think you’re less of a Christian. You’re afraid to be yourself, because you’re all you’ve got, and if people don’t like what they see, you’re in trouble. And, you’re afraid that others will try to fix you. You’ve got to get over that fear.

The fear that being honest is useless.

What will it do? What’s the point? Why tell anybody else about what you’re struggling with? You feel like you’ve been there before, and it didn’t help.

But you didn’t go there! You haven’t ever really been totally honest, because if you had, you’d already be released. The Bible says, "Admit your faults to one another and pray for each other so that you may be healed." (James 5:16 LB).

When you can let go of your fears and admit your faults to other people, God has promised you the healing you’ve been looking for.

Don’t Be A Litter Bug!!!

We would like to wish all our customers a happy September Celebrations!!!!!!!

CELL: 610-3503 or 627-9966 TEL.: 824-4971

SALE SALE SALE!!! For the entire month of September only at Shopper’s Choice and follow us on Facebook

NOTICE

Dear Readers & Contributors:

Kindly forward all Ads, Letters, Articles, Comments and Humor to starnewspaper@gmail.com

For further information please call 804-4900 or 626-8822

We thank you all for your continuous support over the years.

SHOPPERS’ CHOICE

Back to School sale!!! We sell: Digicell & Smart phones, Laptops, Kitchen Appliances, Cosmetics, School shoes, Furniture (wardrobes, kitchen cabinets, bed & mattress, chest of drawers, entertainment center ), LCD TV’S, Window & Split AC Units, Washing Machines, Stoves, Refrigerators, Stoves, Bicycles, Motorcycles, etc...

Receive a FREE gift for every $500 or more you spend.

We offer deliciously prepared food in an amazingly relaxed atmosphere. We also cater for large or small groups.

HODE’S PLACE

Hode’s Place, where Taste, Quality and Comfort makes the difference!!

Savannah Area, San Ignacio Town, Cayo
Telephone: 804-2522
Free Delivery within town limits.

Let’s Deal with Your Fear of Honesty

BY: Rick Warren

Contributed by: Janice Swift

"Admit your faults to one another and pray for each other so that you may be healed." (James 5:16 LB)

If you want relief and release from the hurts, habits, and hang-ups in your life, you’re going to have to deal with the fear of honesty that you’ve got in your life. There are three common fears that Satan uses to keep you stuck in your rut and afraid to face the truth.

The fear of your own emotions.

You’re afraid that if you deal with that issue, memory, event, sin, abuse, accident, or hurt, that you will not be able to handle your emotions and the grief and the shame. You think you may just go crazy!

If you’ve ever felt like that, relax. Every human being has had that fear. Everybody has felt at some time in their life that they were losing their mind. It’s not as big a deal as you think it is. In fact, only rational people have that fear. You are broken, but you are not crazy. You’re also in good company, because we’re all broken.

We all have insecurities, fears, and abilities we don’t like.

The fear of how others will react.

You’re afraid to be honest because you might be rejected or dismissed or abandoned. Others might think you’re less of a Christian. You’re afraid to be yourself, because you’re all you’ve got, and if people don’t like what they see, you’re in trouble. And, you’re afraid that others will try to fix you. You’ve got to get over that fear.

The fear that being honest is useless.

What will it do? What’s the point? Why tell anybody else about what you’re struggling with? You feel like you’ve been there before, and it didn’t help.

But you didn’t go there! You haven’t ever really been totally honest, because if you had, you’d already be released. The Bible says, "Admit your faults to one another and pray for each other so that you may be healed." (James 5:16 LB).

When you can let go of your fears and admit your faults to other people, God has promised you the healing you’ve been looking for.

Daily Comfort

Contributed by: Janice Swift

“If you keep quiet at a time like this . . . you and your relatives will die. What’s more, who can say but this . . . you and your relatives will die. What’s more, who can say but this . . . you and your relatives will die. What’s more, who can say but this . . . you and your relatives will die. What’s more, who can say but this . . . you and your relatives will die.” (Esth 4:14)

The only safe way in life’s thronging field—is straight on in the path of duty. He who falters and hesitates even for one instant, is trodden down by the marching hosts behind him. No danger of the battle for just such a time as that you have been elevated to the throne of duty—they are really encountering a far more serious condition than that which they evade. It is a great deal easier to do that which God gives us to do, no matter how hard it is—than to face the responsibility of not doing it.

We have abundant assurance that we shall receive all the strength we need to perform any duty God allots to us; but if we fall out of the line of obedience, and refuse to do anything which we ought to do, we find ourselves at once out of harmony with God’s law and God’s providence, and cannot escape the consequences of our failure.

So it is always in the end easier and infinitely safer to do our duty, whatever it may involve of cost or peril, than not to do it. To drop out of the ranks in life’s crowded pathway—is to lose all. To neglect opportunities, is to throw away honors and crowns.
SAN IGNACIO TOWN, Cayo, Monday, August 25, 2014:
A Sunday night search at a house in Santa Familia Village, Cayo District, resulted in the discovery of almost 6 grams of suspected weed seeds.

At around 9:30 pm on Sunday, August 24, two policemen visited the Santa Familia residence of Belizean laborer, Mervin Carrias, 27, to conduct a search for drugs. The search led to the discovery of the trademark black plastic bag near the kitchen. Opened in the presence of Carrias, the bag was found to contain suspected weed seeds. The occupants of the house, Mervin Carrias and his common-law-wife, Rosseli Garcia, 20, were instantly detained and transported to the police station in San Ignacio where, when placed on the police digital scale, the product was recorded at 5.81 grams.

Carrias and Gracia were, consequently, formally arrested and jointly charged for the possession of cannabis seeds. The couple appeared in court on Monday, August 25, where Mervin Carrias pled guilty to the charge. He was ordered to forthwith pay a two hundred dollar fine in default of payment he would spend one month in jail.

The prosecution offered no objection to the request for the withdrawal of the charge against Rosseli Garcia.

YOU never know how strong you are until being strong is the only choice you have.
- Bob Marley
A man had been driving all night and by morning was still far from his destination. He decided to stop at the next city he came to, and park somewhere quiet so he could get an hour or two of sleep. As luck would have it, the quiet place he chose happened to be on one of the city's major jogging routes. No sooner had he settled back to snooze when there came a knocking on his window. He looked out and saw a jogger running in place. “Yes?”

“Excuse me, sir, do you have the time?”

The jogger said thanks and left. Now the man could see other joggers passing by and he knew it was only a matter of time before another disturbed him. To avoid the problem, he got out a pen and paper and put a sign in his window saying, “I do not know the time!” Once again he settled back to sleep. He was just dozing off when there was another knock on the window.

“Sir, sir? It’s 8:45!”

A dog ran into a butcher shop and grabbed a roast off the counter. Fortunately, the butcher recognized the dog as belonging to a neighbor of his. The neighbor happened to be a lawyer. The neighbor answered, “Excuse me, sir, do you have the time?”

“I’ll have to check.”

The lawyer replied, “Of course, how much was the roast?”

“$7.98” said the butcher. A few days later the butcher received a check in the mail for $7.98. Attached to it was an invoice that read: Legal Consultation Service: $150

Jim and Edna were both patients in a mental hospital. One day while they were walking past the hospital swimming pool, Jim suddenly jumped into the deep end. He sank to the bottom of the pool and stayed there.

Edna promptly jumped in to save him. She swam to the bottom and pulled Jim out. When the medical director became aware of Edna’s heroic act, he immediately ordered her to be discharged from the hospital as he now considered her to be mentally stable.

A Jamaican lady pregnant with twins was in a car accident and went into a coma. During the coma she gave birth to twins, a boy and a girl.

Some time later when she awoke from the coma, she was told that she had given birth and that her brother had been nice enough to name them. The mother was extremely upset to hear this. She told the nurse that they would be likely liable for the cost of the meat?

The lawyer replied, “Of course, how much was the roast?”

“$7.98” said the butcher.

A very successful lawyer parked his brand-new Mercedes in front of his office, ready to show it off to his colleagues. As he got out, a truck passed too close and completely tore off the door on the driver’s side.

The bad news is, Jim, the patient. I have concluded that...
Another Small Haul

SANTA ELENA TOWN, Cayo, Monday, August 25, 2014:

As the aggressive police operations in the community continue, there is the report of the arrest of a crack addict and the confiscation of a piece of crack cocaine, a crack pipe and a penknife found in his possession.

At around 11:15 p.m. on Saturday, August 23, police on routine mobile patrol pulled up alongside Francis Vera, an alleged crack addict, as he was walking on Carmen Street in Santa Elena. Vera complied with the instruction to halt and when searched he was found in possession of a black metal pipe suspected to be an instrument used to smoke crack cocaine along with a small piece of hard substance suspected to be crack cocaine and a six inch knife with a black handle.

Vera was detained and transported to the police station. The suspected crack cocaine was weighed in his presence amounting to 0.07 grams. Vera was consequently arrested and formally charged for the possession of a pipe, possession of crack cocaine, and for the possession of an article with blade.

The accused appeared in San Ignacio’s magistrate court on Monday, August 25 where he pled guilty to all three charges. He was ordered to pay fines of one hundred dollars for each of the three charges in default one month imprisonment for each charge.

The BELIZE ELECTRIC COMPANY LIMITED (BECOL) is accepting applications for the post of ENVIRONMENTAL/HEALTH/SAFETY OFFICER

BECOL is the owner and operator of the Chalillo, Mollejon, and Vaca Hydroelectric Power Station Projects. The main function of the company is to provide clean and reliable energy to BEL. The company’s foremost concern is the safety of its employees and the running of an environmentally sound operation by following the guidelines of the International Standards Organization, category ISO14001.

JOB DESCRIPTION:
Responsible for the adherence of the health and Safety program and manage the Environmental Management System (EMS) for all three facilities. Ensure that all legal requirements are adhered to.

JOB DUTIES:
* Preparing and producing educational resources aimed at different groups, including schools, youth groups, community groups and businesses
* Giving talks and presentations
* Responding to enquiries and complaints from the general public;
* Writing press releases
* Organizing and facilitating environmental awareness events such as presentations and workshops
* Developing local school and public grounds in co-operation with schools or businesses, for example, creating and maintaining a wildlife garden
* Maintains liaison with local government, environmental groups and stakeholders
* Conduct wildlife study and scarlet macaw study in conformance with the ECP
* Manage ISO14001 Management System
* Responsible for the Health, Safety, & Environment (HSE) matters relating to the implementation of the work requirement of the projects.
* Planning, co-ordinate and conducted HSE activities, training and program
* To carry out site inspections and audit with the project management team, in ensuring that only safe methods of working are in operation and all regulations are being observed
* Ensure site safety compliance among all level of employees, keep and maintain all safety equipment, PPE, signage etc.
* Ensure that records or checklist are completed and filed for all inspections, audits or exercises.
* Lead investigation for any accident
* To undertake any and all other duties and responsibilities as so instructed by the Management

QUALIFICATIONS:
* Minimum of Associate Degree in Environmental Science, Biology, or equivalent program
* Be computer literate with working knowledge of word-processing and spreadsheet applications
* Good command of English; an added proficiency in Spanish would also be an asset

REQUIREMENTS:
* Possess good verbal and written communication
* Possess good time management and organizational skills
* Be assertive and be a people person
* Demonstrate initiative
* Must reside or relocate to San Ignacio/Santa Elena or Benque Viejo Town

SALAR Y:
The remuneration package is commensurate with qualifications and experience

Interested persons should send a letter of application along with their curriculum vitae and letters of reference by September 12, 2014 to:

Administrative Assistant
Belize Electric Company Limited
P.O. Box 87
San Ignacio Town, Cayo District
Gastroenteritis

Gastroenteritis or infectious diarrhea is a medical condition from inflammation ("-itis") of the gastrointestinal tract that involves both the stomach ("gastro") and the small intestine ("entero"). It causes some combination of diarrhea, vomiting, and abdominal pain and cramping. Dehydration may occur as a result. Gastroenteritis has been referred to as gastro, stomach bug, and stomach virus. Although unrelated to influenza, it has also been called stomach flu and gastric flu.

Signs and Symptoms

Gastroenteritis typically involves both diarrhea and vomiting, or less commonly, presents with only one or the other. Abdominal cramping may also be present. Signs and symptoms usually begin 12–72 hours after contracting the infectious agent. If due to a viral agent, the condition usually resolves within one week. Some viral causes may also be associated with fever, chills, and muscle pain. If the stool is bloody, the cause is less likely to be viral and more likely to be bacterial. Some bacterial infections may be associated with severe abdominal pain and may persist for several weeks.

Children infected with rotavirus usually make a full recovery in three to eight days. However, in poor countries treatment for severe infections is often out of reach and persistent diarrhea is common. Dehydration is a common complication of diarrhea, and a child with a significant degree of dehydration may have a prolonged capillary refill, poor skin turgor, and abnormal breathing. Repeat infections are typically seen in areas with poor sanitation, and malnutrition, stunted growth, and long-term cognitive delays can result.

Reactive arthritis occurs in 1% of people following infections with Campylobacter species, and Guillain–Barre syndrome occurs in 0.1%. Hemolytic uremic syndrome (HUS) may occur due to infection with Shiga toxin-producing Escherichia coli or Shigella species, causing low platelet counts, poor kidney function, and low red blood cell count (due to their breakdown). Children are more predisposed to getting HUS than adults. Some viral infections may produce benign infantile seizures.

Cause

Viruses (particularly rotavirus) and the bacteria Escherichia coli and Campylobacter species are the primary causes of gastroenteritis. There are, however, many other infectious agents that can cause this syndrome. Non-infectious causes are seen on occasion, but they are less likely than a viral or bacterial cause. Risk of infection is higher in children due to their lack of immunity and relatively poor hygiene.

Viral

Rotavirus, norovirus, adenovirus, and astrovirus are known to cause viral gastroenteritis. Rotavirus is the most common cause of gastroenteritis in children, and produces similar rates in both the developed and developing world. Viruses cause about 70% of episodes of infectious diarrhea in the pediatric age group. Rotavirus is a less common cause in adults due to acquired immunity. Norovirus is the cause in about 18% of all cases.

Norovirus is the leading cause of gastroenteritis among adults in America, causing greater than 90% of outbreaks. These localized epidemics typically occur when groups of people spend time in close physical proximity to each other, such as on cruise ships, in hospitals, or in restaurants. People may remain infected even after their diarrhea has ended. Norovirus is the cause of about 10% of cases in children.

Bacterial

Salmonella enterica serovar Typhimurium (ATCC 14028) is seen with a microbiome at 100 fold magnification and following Gram staining.

In the developed world Campylobacter jejuni is the primary cause of bacterial gastroenteritis, with half of these cases associated with exposure to poultry. In children, bacteria are spread by hand-to-mouth contact in about 5% of cases, with the most common types being Escherichia coli, Salmonella, Shigella, and Campylobacter species. If food becomes contaminated with bacteria and remains at room temperature for a period of several hours, the bacteria multiply and increase the risk of infection in those who consume the food. Some foods commonly associated with illness include raw or undercooked meat, poultry, seafood, and eggs; raw sprouts; unpasteurized milk and soft cheeses; and fruit and vegetable juices. In the developing world, especially sub-Saharan Africa and Asia, cholera is a common cause of gastroenteritis. This infection is usually transmitted by contaminated water or food.

Toxigenic Clostridium difficile is an important cause of diarrhea that occurs more often in the elderly. Infants can carry these bacteria without developing symptoms. It is a common cause of diarrhea in those who are hospitalized and is frequently associated with antibiotic use. Staphylococcus aureus infectious diarrhea may also occur in those who have used antibiotics. "Traveler's diarrhea" is usually a type of bacterial gastroenteritis. Acid-suppressing medication appears to increase the risk of significant infection after exposure to a number of organisms, including Clostridium difficile, Salmonella, and Campylobacter species. The risk is greater in those taking proton pump inhibitors than with H2 antagonists.

Parasitic

A number of protozoans can cause gastroenteritis – most commonly Giardia lamblia – but Entamoeba histolytica and Cryptosporidium species have also been implicated. As a group, these agents comprise about 10% of cases in children. Giardia occurs more commonly in the developing world, but this etiologic agent causes this type of illness to some degree nearly everywhere. It occurs more commonly in persons who have traveled to areas with high prevalence, children who attend day care, men who have sex with men, and following disasters.

Transmission

Transmission may occur via consumption of contaminated water, or when people share personal objects. In places with wet and dry seasons, water quality typically worsens during the wet season, and this correlates with the time of outbreaks. In areas of the world with four seasons, infections are more common in the winter. Bottle-feeding of babies with improperly sanitized bottles is a significant cause on a global scale. Transmission rates are also related to poor hygiene, especially among children, in crowded households, and in those with pre-existing poor nutritional status. After developing tolerance, adults may carry certain organisms without exhibiting signs or symptoms, and thus act as natural reservoirs of contagion. While some agents (such as Shigella) only occur in primates, others may occur in a wide variety of animals (such as Giardia).

Non-infectious

There are a number of non-infectious causes of inflammation of the gastrointestinal tract. Some of the more common include medications (like NSAIDs), certain foods such as lactose (in those who are intolerant), and gluten (in those with celiac disease). Crohn's disease is also a non-infection source of (often severe) gastroenteritis. Disease secondary to toxins may also occur. Some food related conditions associated with nausea, vomiting, and diarrhea include: ciguatera poisoning due to consumption of contaminated fish, scombroid associated with the consumption of certain types of spoiled fish, tetrodotoxin poisoning from the consumption of puffier fish among others, and botulism typically due to improperly preserved food.

Management

Gastroenteritis is usually an acute and self-limiting disease that does not require medication. The preferred treatment in those with mild to moderate dehydration is oral rehydration therapy (ORT). Metoclopramide and/or ondansetron, however, may be helpful in some children, and butylscopolamine is useful in treating abdominal pain.

Rehydration

The primary treatment of gastroenteritis in both children and adults is rehydration. This is preferably achieved by oral rehydration therapy, although intravenous delivery may be required if there is a decreased level of consciousness or if dehydration is severe. Oral replacement therapy products made with complex nutritional status. After developing

Continues On Page 14

Management of Gastroenteritis
Samsung Galaxy Tab 3 + DigiCell 4G

*Available at any of our Belize City, Belmopan or Orange Walk Town Offices

- Android Jelly Bean
- Touchscreen
- 16Gb, 1GB RAM
- Bluetooth, Wifi
- Micro SD Card Slot
- DigiCell 4G/ GPRS/ EDGE
- Camera

As low as $149 a month for 6 months

and Remember...

Text "Roam" to 8946 to win a Weekend Getaway!

The Adventure Package to Flores, Peten Includes Travel, Hotel & Spending Cash for Two

The Party Package to Cancun Mexico Includes Travel, Hotel & Spending Cash for Two

DigiCell 0-800-DIGICEL www.digicell.bz www.facebook.com/DigiCell
ARIES: March 22 to April 20
This week’s New Moon in Virgo can be helpful for ditching bad habits and committing to new, more life-enhancing ones. However, when it comes to finances, wait a few days before applying for a loan or other credit, as you may have more luck toward the end of the week. There is still a focus on fun, leisure, and enjoyment, which you’ll find rejuvenating and entertaining. One romantic liaison could move to a new phase of passion and intensity. Lucky numbers: 19, 29, 85.

TAURUS: April 21 to May 20
If you’ve been thinking about taking a budding romance to the next level, the New Moon on Monday may give you the incentive you need to make it happen. You have a two-week window of opportunity, but catching the Moon tide sooner rather than later might bring better results. In the meantime, if someone is being stubborn, don’t try to persuade them against their will. Later in the week they may come around to your way of thinking anyway. Lucky numbers: 07, 38, 56.

GEMINI: May 21 to June 20
The pressure’s on this week at work, so make a point of chilling on a regular basis so you can cope with the extra demand. In addition, you may be pushing yourself to complete projects on the home front, particularly if you’ve suffered from procrastination in this regard. Don’t pile too much on your plate - it could lead to disappointment. Instead, make time to be with friends and enjoy relaxing in good company whenever possible. Later, you may need to compromise but find it hard to do so. Lucky numbers: 34, 49, 63.

CANCER: June 21 to July 21
Social trends spotlight an interesting plan, although cooperation and compromise may be required to handle a certain relationship. A partner or love interest could be headstrong and impulsive, causing you to feel frustrated. However, as the week progresses it will become easier to talk things over and come to an arrangement. Where finances are concerned, use this opportunity to consolidate your affairs and find ways to get your money to work harder for you. Don’t fret it away if you can help it. Lucky numbers: 73, 88, 91.

LEO: July 22 to August 21
Issues on the home front could come to a head on Monday, yet something positive can arise out of this. If you’ve been battling frustration and tension for some time, it’s possible that a solution can be born out of a desire for peace and harmony. As for you, you seem to be upbeat and positive, so try not to let such matters distract you from the goals, plans, and opportunities that are now opening up for you. Stay focused and you can do very well. Lucky numbers: 14, 45, 69.

VIRGO: August 22 to September 21
Mixed signals suggest that one piece of news could cause anxiety, or perhaps a friend’s plight will impinge upon your time. However, giving an edgy situation the attention it requires might help ensure a relatively trouble-free week. The New Moon in your sign on Monday can be excellent for kick-starting a plan or making changes in any area of your life you choose. You have a two-week window of opportunity, but the sooner you act, the better the results can be. Lucky numbers: 01, 27, 31.

LIBRA: September 22 to October 23
This week’s New Moon in your spiritual sector brings an opportunity to take up a spiritual practice such as meditation, yoga, or tai chi. Your willingness to make this a regular habit could have a positive effect on all areas of your life, particularly the stressful and uncertain parts. At the same time, you’ll be boosted by the companionship of good friends who can make a positive contribution to your life this week. In romance, you could be attracted to someone who oozes sex appeal. Lucky numbers: 18, 23, 44.

SCORPIO: October 24 to November 21
A setback, hampering situation, or disappointment, possibly in connection with a friend or loved one, may test you. Instead of throwing your hands up in the air, focus on sorting things out. However, tensions ease as the week gathers pace and you begin to feel more confident and upbeat. Socially, things are looking much more positive. This week’s New Moon early on could entice you to move in new circles and seek out friends and companions on a similar wavelength. Lucky numbers: 53, 67, 79.

SAGITTARIUS: November 22 to December 21
Exciting influences prevail where your love life is concerned, though you may have to move outside your comfort zone for them to show up. As for career, this week’s New Moon brings a positive boost to a new project or plan. You have a two-week window of opportunity, so make use of it and you’ll find that things come together much more quickly than they might otherwise. When it comes to travel and adventure, someone may have a suggestion that you’ll find hard to resist. Lucky numbers: 12, 21, 99.

CAPRICORN: December 22 to January 20
A patient approach may be needed concerning a friend or associate who is unwilling to compromise. But once this is out of the way, the week looks almost buoyant. The continued focus on your zone of finances and megabucks encourages you to connect with folks who are successful in their own right. This may be the time to learn a few tips and tricks that might come in handy. Regarding romance, someone may seem to have soul-mate potential. Perhaps it’s time to strike up a conversation! Lucky numbers: 66, 78, 82.

AQUARIUS: January 20 to February 18
This week the New Moon in your zone of shared resources can be helpful if you want to apply for a loan or line of credit, but it might be worth waiting a day or two to avoid complications with those in authority. The coast should be clear by Thursday or Friday, with a better chance of getting what you want. Regarding relationships, things look very positive, but you’ll need to put in the effort to continue to reap the rewards. Later, your significant other could be too tempting to resist! Lucky numbers: 75, 89, 96.

PISCES: February 19 to March 20
If a long-range dream seems even more distant and out of reach, that doesn’t necessarily mean it’s impossible. You may find you can attain your wish at a fraction of the cost by scaling back your plans. In addition, the New Moon in Virgo offers a chance to take a budding romance to a new level of commitment. If you’re already in a partnership, use this Moon phase to kick-start a challenging project and have a better chance of success. Lucky numbers: 05, 11, 41.

Your Weekly Horoscope and Lucky Numbers
July 24 to August 20
Litter Bug!!!
Don’t Be A
Green Haven NURSERY is having a BLOW OUT Summer SALE!
50% OFF
ALL PLANTS!
SALE ENDS AUG. 31ST, 2014
OFFERING:
LANDSCAPING SERVICES,
INDOOR PLANTS (HOUSE/OFFICE),
ORNAMENTAL PLANTS, ORCHIDS,
FRUIT TREES, HIGH QUALITY TOP SOIL,
ORGANIC FERTILIZER, COMPOST, & MORE...
Mile 68 George Price Hwy., Benque Viejo Road, (just past Windy Hill Resort)
Tel: 662-6619 or email: jphales@hotmail.com

Page 12 - STAR - Tels: 626-8822 & 804-4900 - Email:starnewspaper@gmail.com - Sunday, August 31, 2014
UNIBAM categorically denies allegations made in the Amandala Editorial “Government and Gays” of 14th August, 2014 and wishes to set the record straight on the following matters:

1. There is no secret funding from the US Embassy! The Embassy generally issues calls requesting proposals for funding from the NGO community. UNIBAM has submitted proposals in response to grant calls and have received a total of US$35,000.00 over the years 2011 and 2013 as well as several other Belizean NGOs.

2. UNIBAM did not orchestrate a hit on anyone to justify its need to access funds. This is a slanderous and malicious claim that has no basis in fact.

UNIBAM believes that social injustice, oppression and exploitation of any minority group is a common concern that should be shared by all as members of society. UNIBAM is a human rights organization and stands ready to work with anyone interested in a more equitable and discrimination free Belize.

---

**Expo Belize Market Place 2014**

Spirits are high as we prepare for our 18th annual Expo Belize Market Place 2014 scheduled for September 6th and 7th, at the ITVET Grounds on Freetown Road in Belize City from 8:00 a.m. to 5:00 p.m.! The Belizean public is buzzing with anticipation as various micro, small, medium and large enterprises, both new and seasoned, have booked their booths to display quality products and services. The EXPO promises to lead the way into our September Celebration season with countless deals and steals, a fashion show and live music entertainment, fun activities for the kids, chances to win great prizes and much more!

A limited number of booths remain, so interested persons may contact Mr. Akmar Codd at the Chamber at Tel: 223-5330 or email: bcci@belize.org to find out how to book a spot in the country’s largest marketplace expo for the year!

Want to beat the heat and long standing in lines? Purchase your tickets in advance at the Chamber’s office located on 1st Floor Withfield Tower on 4792 Coney Drive, Belize City - adults $5.00 and kids enter at $3.00. With the purchase of every ticket, you can have the opportunity to win fabulous gate prizes. Also available at our office for pre-sale are Rotary® Adopt-a-Duck tickets, at $10.00 per ticket where purchasers are eligible for a chance to win up to $1,000,000.00! The Rotary Club of Belmopan will use the funds from this event to continue its efforts towards community projects and existing initiatives focused on children’s health. Support a worthy cause. EXPO Belize Market Place 2014! Bringing the best to Belize!

---

**Vacancy**

Vacancy exists at Era Plaza in Santa Elena on the George Price Highway

For a male sales person between the age of 25-30

Applicant must possess the following:

* Must be bi-lingual (English/Chinese-Cantonese or Mandarin preferable)
* Must be willing to work with flexible working hours and go the extra mile
* Must possess valid driver’s license for an Automatic Transmission
* Must be honest and hardworking

**Call 824-2515 during normal working hours to set an appointment**
Correspondents say attitudes are changing in Chile, especially after the brutal assault and killing of a young gay man in March 2012, which sparked outrage and triggered a fresh debate over hate crimes.

Four men were jailed in October 2013 for the murder of 25-year-old Daniel Zamudio in Santiago. And in May 2012 the Chilean Congress approved a new law which made it a crime to discriminate on the basis of race, ethnicity, religion, sexual orientation, gender, appearance or disability.

The gay rights movement has achieved major victories in some other South American nations, like Argentina and Brazil, but homosexuals remain targets of violence and harassment across the continent.

Chilean Sailor Makes History After Announcing He Is Gay

Continued On Page 4

Argentine, on March 30, 2012. Attitudes towards homosexuality are changing in Chile, especially after the 2012 murder of a gay young man, Daniel Zamudio.

Gastroenteritis

Continued From Page 10

Carbohydrates (i.e. those made from wheat or rice) may be superior to those based on simple sugars. Drinks especially high in simple sugars, such as soft drinks and fruit juices, are not recommended in children under 5 years of age as they may increase diarrhea. Plain water may be used if more specific and effective ORT preparations are unavailable or are not palatable. A nasogastric tube can be used in young children to administer fluids if warranted.

Dietary

It is recommended that breast-fed infants continue to be nursed in the usual fashion, and that formula-fed infants continue their formula immediately after rehydration with ORT. Lactose-free or lactose-reduced formulas usually are not necessary. Children should continue their usual diet during episodes of diarrhea with the exception that foods high in simple sugars should be avoided. The BRAT diet (bananas, rice, applesauce, toast and tea) is no longer recommended, as it contains insufficient nutrients and has no benefit over normal feeding. Some probiotics have been shown to be beneficial in reducing both the duration of illness and the frequency of stools. They may also be useful in preventing and treating antibiotic associated diarrhea. Fermented milk products (such as yogurt) are similarly beneficial. Zinc supplementation appears to be effective in both treating and preventing diarrhea among children in the developing world.
Ministry of Health Shares Results of Foodborne Disease Research Study

Belmopan. August 25, 2014. Last week the Ministry of Health in partnership with the Pan American Health Organization (PAHO) Belize and the Caribbean Public Health Agency (CARPHA) presented the results of the Burden of Illness (BOI) research study on Acute Gastroenteritis and causes of Food Born Illness in Belize.

The study launched in September 2012 and was aimed at estimating the proportion of the population suffering from Acute Gastroenteritis (AGI), also known as stomach flu, at a specific time period while also estimating the economic burden the disease has on the public health system. In addition, the study investigated the more common biological agents transmitted through food and water which cause foodborne illnesses in Belize.

A total of 2,901 questionnaires were completed from the 3,110 households sampled, with a response rate of 93.6%. The results showed that the prevalence of self-reporting Acute Gastroenteritis was 7.1% for the period September - October, 2012 (low AGI season) and April – May 2013 (high AGI season). The predominant biological agents contributing to the disease and other related illnesses over the study period were parasites; however, the highest burden was found for Rotavirus infections. The highest monthly prevalence of cases of AGI came from the Cayo District followed by the Belize District. The burden of AGI on the public health system was estimated at BZ$6.2 Million annually taking into consideration basic medical services, supplies, hospitalization as well as working days lost and the need for caregiver services.

Foodborne infections are linked to a significant number of illnesses and deaths worldwide. Studies have shown that 70% of diarrheal diseases are foodborne. Research also shows that cases are not reported to the health system. The results of this survey provide evidence that the estimated health burden of AGI and other foodborne diseases are significantly higher than what is reported to the Ministry of Health. The results will be used for targeted interventions in food safety and improvements in underreporting at the laboratory level.

For more Information contact: Englebert Emmanuel
Burden of Illness Coordinator/
Director of License Accreditation
Ministry of Health
822-2325

Notice is hereby be given that under the Intoxicating Liquor License Ordinance Chapter 150 of the Laws of Belize, Revised Edition 2000, ROMI LUNN is applying for a MALT AND CIDER liquor license for the year 2014 to operate Pizzas To Go located on George Price Highway in Benque Viejo Town, Cayo District.

Dear Readers & Contributors:

Kindly forward all Ads, Letters, Articles, Comments and Humor to starnewspaper@gmail.com

For further information please call 804-4900 or 626-8822 We thank you all for your continuous support over the years.

BECOL Vacancy

VACANCY

The BELIZE ELECTRIC COMPANY LIMITED (BECOL) is accepting applications for the post of POWER PLANT OPERATOR.

BECOL is the owner and operator of the Chalillo, Mollejon, and Vaca Hydroelectric Power Station Projects. The main function of the company is to provide clean and reliable energy to BEL. The company’s foremost concern is the safety of its employees and the running of an environmentally sound operation by the following the guidelines of the International Standards Organization, category ISO14001.

JOB DESCRIPTION:

Operates and controls all plant equipment from centralized and remote control panel boards.

JOB DUTIES:

* Monitors and operates all plant generation equipment from centralized and remote control panels according to plant operating procedures
* Assumes compliance with all operating and safety procedures including issue of protective tagging ad maintaining operational records and logs
* Participates in approved training program and study operating manuals to assure increased knowledge and competency in work performance
* Performs minor maintenance during normal shift and assists in maintenance effort during unit and/or equipment outage.
* Performs other related duties as required

SALARY:

* Dependent on Qualifications and experience

QUALIFICATION REQUIREMENTS:

* Associates degree in Mechanical and Electrical Engineering or High School Diploma with five years related experience
* Knowledge of power plant or large industrial equipment and operating procedures preferred
* Ability to comprehend complex operating manuals, blueprints and flow diagrams
* Have a clean police record and good inter-personal skills

The successful applicant must relocate and reside in the San Ignacio/Santa Elena Town area or Benque Viejo del Carmen Town.

Application letter, accompanied by two (2) letters of reference, must be submitted by September 12, 2014 to:

Administrative Assistant
Belize Electric Company Limited
P.O. Box 87
San Ignacio Town, Cayo District
DOUBLE & TRIPLE UP
AUGUST 15TH & 29TH

TOP UP AND PREPARE FOR EPIC SEPTEMBER DigiCellEBRATIONS

Emergency call | Alternative password

SPONSORED BY DigiCell